# CHIROPRACTIC REGISTRATION & HISTORY

PATIENT INFORMATION	INSURANCE		
Date	Who is responsible for this account?		
SS/HIC/Patient ID #	Relationship to Patient		
Patient NameLast Name	Insurance Co		
Last Name	Group #		
First Name Middle Initial	Is patient covered by additional insurance?   Yes   No		
Address	Subscriber's Name		
City	Birthdate SS#		
StateZip	Relationship to Patient		
E-mail			
Sex  M F Age	Insurance Co		
Birthdate	Group # ASSIGNMENT AND RELEASE		
☐ Married ☐ Widowed ☐ Single ☐ Minor	I certify that I, and/or my dependent(s), have insurance coverage with		
Separated Divorced Partnered for years	Name of Insurance Company(ies)		
Occupation			
Patient Employer/School	Dr all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially		
	responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions.		
Employer/School Address	The above-named doctor may use my health care information and may disclose		
	such information to the above-named Insurance Company(ies) and their agents for the purpose of obtaining payment for services and determining insurance benefits		
Employer/School Phone ()	or the benefits payable for related services. This consent will end when my current treatment plan is completed or one year from the date signed below.		
Spouse's Name	account of pair is completed of one year from the date signed below.		
Birthdate	Signature of Patient, Parent, Guardian or Personal Representative		
SS#			
Spouse's Employer	Please print name of Patient, Parent, Guardian or Personal Representative		
Whom may we thank for referring you?	Date Relationship to Patient		
PHONE NUMBERS	ACCIDENT INFORMATION		
Home Phone () Cell Phone ()	Is condition due to an accident?   Yes   No Date		
Best time and place to reach you IN CASE OF EMERGENCY, CONTACT	Type of accident  Auto  Work  Home Other		
Name Relationship	To whom have you made a report of your accident?  ☐ Auto Insurance ☐ Employer ☐ Worker Comp. ☐ Other		
Home Phone () Work Phone ()	Attorney Name (if applicable)		
Home Phone () work Phone ()	, attended in applicable/		
DATIENT CONDITION			
PATIENT CONDITION			
When did your symptoms appear?  Is this condition getting progressively worse? Yes No Unknown			
Mark an X on the picture where you continue to have pain, numbness, or			
Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe p			
Type of pain: Sharp Dull Throbbing Numbne: Burning Tingling Cramps Stiffness	ss Aching Shooting		
How often do you have this pain?			
Is it constant or does it come and go?			
Does it interfere with your  Work  Sleep Daily Routine R	1///		
Activities or movements that are painful to perform ☐ Sitting ☐ Standing			

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The second second		eceived for your cond					al Therapy	·		
and the second	Chiropractic Servi									
Name and address	of other doctor(	s) who have treated	you for yo	ur condit	ion					
Date of Last: Physical Physica	sical Exam		Spinal X-	Ray		Blo	ood Test			
Spir	nal Exam		Chest X-F	Ray		Ur	ine Test_			
Den	ntal X-Ray		MRI, CT-S	can, Bon	e Scan					
Place a mark on "Ye	es" or "No" to inc	licate if you have ha	d any of th	ne followi	ng:					
AIDS/HIV	☐ Yes ☐ No	Diabetes	☐ Yes	□ No	Liver Disease	☐ Yes	□ No	Rheumatic Fever	☐ Yes	□No
Alcoholism	☐ Yes ☐ No	Emphysema	☐ Yes	□ No	Measles	☐ Yes	□ No	Scarlet Fever	☐ Yes	□No
Allergy Shots	☐ Yes ☐ No	Epilepsy	☐ Yes	☐ No	Migraine Headaches	☐ Yes	□No	Sexually		
Anemia	☐ Yes ☐ No	Fractures	☐ Yes	□ No	Miscarriage	☐ Yes	□ No	Transmitted Disease	□ Yes	□No
Anorexia	☐ Yes ☐ No	Glaucoma	☐ Yes	□No	Mononucleosis	☐ Yes	☐ No	Stroke		□No
Appendicitis	☐ Yes ☐ No	Goiter	☐ Yes	□ No	Multiple Sclerosis	☐ Yes	□No	Suicide Attempt	☐ Yes	
Arthritis	☐ Yes ☐ No	Gonorrhea	☐ Yes	□No	Mumps	☐ Yes	□ No	Thyroid Problems	☐ Yes	□ No
Asthma	☐ Yes ☐ No	Gout	☐ Yes	□ No	Osteoporosis	☐ Yes	□ No	Tonsillitis	☐ Yes	□No
Bleeding Disorders	☐ Yes ☐ No	Heart Disease	☐ Yes	☐ No	Pacemaker	☐ Yes	□No	Tuberculosis	☐ Yes	□No
Breast Lump	☐ Yes ☐ No	Hepatitis	☐ Yes	☐ No	Parkinson's Disease	☐ Yes	☐ No	Tumors, Growths	Yes	□No
Bronchitis	☐ Yes ☐ No	Hernia	☐ Yes	□ No	Pinched Nerve	☐ Yes	☐ No	Typhoid Fever	☐ Yes	□No
Bulimia	☐ Yes ☐ No	Herniated Disk	☐ Yes	□ No	Pneumonia	☐ Yes	☐ No	Ulcers	☐ Yes	□No
Cancer	☐ Yes ☐ No	Herpes	☐ Yes	☐ No	Polio	☐ Yes	□ No	Vaginal Infections		□No
Cataracts	☐ Yes ☐ No	High Blood		_	Prostate Problem	☐ Yes	□No	Whooping Cough		
Chemical		Pressure		□ No	Prosthesis	☐ Yes	☐ No	Other		
Dependency	☐ Yes ☐ No	High Cholesterol		□ No	Psychiatric Care	☐ Yes	☐ No			
Chicken Pox	☐ Yes ☐ No	Kidney Disease	☐ Yes	□ No	Rheumatoid Arthritis	☐ Yes	☐ No			
EXERCISE		WORK ACT	IVITY		HABITS					
☐ None		Sitting			☐ Smoking		Pack	cs/Day		
☐ Moderate		☐ Standing			☐ Alcohol		Drin	ks/Week		
☐ Daily		☐ Light Labor			☐ Coffee/Caffeine	Drinks	Cup	s/Day		
☐ Heavy		☐ Heavy Labor			☐ High Stress Leve	·I	Reas	son		
Are you pregnant?	☐ Yes ☐ No	Due Date								
Injuries/Surgeries y	ou have had		Desc	ription				Date		
Falls	-									
Head Injurie	es									
Broken Bon	nes									
Dislocations										
Surgeries										
MED	DICATION	S	A	LLER	GIES	VITA	MINS	/HERBS/MIN	ERA	LS
-										
-										
Pharma <mark>cy N</mark> ame										
Pharmacy Phone (_	)									

# **Back Index**



Patient Name	Date	
Patient Name	Date	

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

# Pain Intensity

- ① The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- 2 The pain comes and goes and is moderate.
- 3 The pain is moderate and does not vary much.
- The pain comes and goes and is very severe.
- (5) The pain is very severe and does not vary much.

## Sleeping

- ① I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- ③ Because of pain my normal sleep is reduced by less than 50%.
- 4 Because of pain my normal sleep is reduced by less than 75%.
- ⑤ Pain prevents me from sleeping at all.

# Sitting

- ① I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- 2 Pain prevents me from sitting more than 1 hour.
- 3 Pain prevents me from sitting more than 1/2 hour.
- 4 Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

# Standing

- ① I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- 3 I cannot stand for longer than 1/2 hour without increasing pain.
- ④ I cannot stand for longer than 10 minutes without increasing pain.
- (5) I avoid standing because it increases pain immediately.

#### Personal Care

- ① I do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- Washing and dressing increases the pain but I manage not to change my way of doing it.
- 3 Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- Because of the pain I am unable to do some washing and dressing without help.
- ⑤ Because of the pain I am unable to do any washing and dressing without help.

## Lifting

- ① I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor.
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

# Traveling

- ① I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- ② I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- 3 I get extra pain while traveling which causes me to seek alternate forms of travel.
- 4 Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

#### Social Life

- My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- ② Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- 3 Pain has restricted my social life and I do not go out very often.
- 4 Pain has restricted my social life to my home.
- (5) I have hardly any social life because of the pain.

### Walking

- ① I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- ③ I cannot walk more than 1/2 mile without increasing pain.
- ④ I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

# Changing degree of pain

- My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- 2 My pain seems to be getting better but improvement is slow.
- 3 My pain is neither getting better or worse.
- My pain is gradually worsening.
- ⑤ My pain is rapidly worsening.

Back Index Score

ndex Score = [Sum of all statements selected	/ (# of sections with a statement selected x 5)] x 100
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# **Neck Index**



Patient Name	Date
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This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

# Pain Intensity

- ① I have no pain at the moment.
- ① The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- 3 The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- ⑤ The pain is the worst imaginable at the moment.

#### Sleeping

- ① I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- 3 My sleep is moderately disturbed (2-3 hours sleepless).
- 4 My sleep is greatly disturbed (3-5 hours sleepless).
- (5) My sleep is completely disturbed (5-7 hours sleepless).

# Reading

- ① I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- 2 I can read as much as I want with moderate neck pain.
- ③ I cannot read as much as I want because of moderate neck pain.
- 4 I can hardly read at all because of severe neck pain.
- ⑤ I cannot read at all because of neck pain.

#### Concentration

- ① I can concentrate fully when I want with no difficulty.
- 1 can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- 3 I have a lot of difficulty concentrating when I want.
- 4 I have a great deal of difficulty concentrating when I want.
- (5) I cannot concentrate at all.

#### Work

- ① I can do as much work as I want.
- ① I can only do my usual work but no more.
- ② I can only do most of my usual work but no more.
- ③ I cannot do my usual work.
- ④ I can hardly do any work at all.
- ⑤ I cannot do any work at all.

#### Personal Care

- ① I can look after myself normally without causing extra pain.
- 1 can look after myself normally but it causes extra pain.
- 2 It is painful to look after myself and I am slow and careful.
- ③ I need some help but I manage most of my personal care.
- 4) I need help every day in most aspects of self care.
- ⑤ I do not get dressed, I wash with difficulty and stay in bed.

# Lifting

- ① I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- 4 I can only lift very light weights.
- ⑤ I cannot lift or carry anything at all.

## Driving

- ① I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- 3 I cannot drive my car as long as I want because of moderate neck pain.
- I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

#### Recreation

- ① I am able to engage in all my recreation activities without neck pain.
- ① I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- 3 I am only able to engage in a few of my usual recreation activities because of neck pain.
- 4 I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

#### Headaches

- ① I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- 3 I have moderate headaches which come frequently.
- 4 I have severe headaches which come frequently.
- ⑤ I have headaches almost all the time.

Neck	
Index	
Score	

Index Score = [Sum of all	statements selected	/ (# of sections with	a statement selected	$d \times 5)1 \times 100$
	statements selected	(# Of Sections with	a statement selecte	3 x 3)] x 100



# **Acknowledgement of Receipt of Notice of Privacy Practices**

This form will be retained in your medical record.

NOTIC	E TO PATIENT
We are required to provide you with a copy of our No disclose your health information. Please sign this form	tice of Privacy Practices, which states how we may use and/on to acknowledge receipt of the Notice.
Patient Name:	Date of Birth:
I acknowledge that I have received and had the opposelow on behalf of CK Chiropractic Office, P.S	ortunity to review the Notice of Privacy Practices on the date
I understand that the Notice describes the uses a Chiropractic Office, P.S. and informs me of my rights v	and disclosures of my protected health information by Chwith respect to my protected health information.
Patients Signature or that of Legal Representative	Printed Name of Patient or that of Legal Representative
Today's Date	If Legal Representative: Indicate Relationship to Patient
OFFIC	CE USE ONLY
We have made every effort to obtain written ack this patient, but it could not be obtained because	nowledgement of receipt of our Notice of Privacy from
The patient refused to sign.  Due to an emergency situation it was not perform Communication barriers prohibited obtaining Other:	ng the acknowledgement.

Employee Name

Today's Date



# Informed Consent to Chiropractic Treatment

<u>The nature of chiropractic treatment:</u> The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a "click" or "pop", such as the noise when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound or dry hydrotherapy may also be used.

<u>Possible Risks:</u> As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or minor complications.

<u>Probability of risks occurring:</u> The risks of complications due to chiropractic treatment have been described as "rare", about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million, and can be even further reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered "rare".

## Other treatment options which could be considered may include the following:

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.
- *Medical care*, typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.
- *Hospitalization* in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- *Surgery* in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

**Risks of remaining untreated:** Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

<u>Unusual risks:</u> I have had the following unusual risks of my case explained to me.

I have read the explanation a	above of chiropractic treatment.	I have had the opportunity to have	any questions
answered to my satisfaction.	I have fully evaluated the risks a	and benefits of undergoing treatment.	I have freely
decided to undergo the recomi	mended treatment, and herby give	e my full consent to treatment.	

Printed Name	Signature	



# Communications Permissions

I hereby give CK Chiropractic Office, P.S. permission to send text message appointment reminders to my mobile device on file:
Yes No
I hereby give CK Chiropractic Office, P.S. permission to send appointment reminders, recalls and birthday greetings to my email:
☐ Yes ☐ No
I hereby give CK Chiropractic Office, P.S. permission to notify me via telephone of test results or missed appointment:
☐ Yes ☐ No
Patient Name (printed)
Patient Signature
Date

These permissions can be changed at any time by notifying the front desk.